

# **Draft Weston Creek Junior Soccer First Aid Policy 2004**

## **INTRODUCTION**

Weston Creek Juniors (WCJ) recognise the necessity to provide as a safe an environment as possible for all junior players, associated team management and spectators to play, coach and watch soccer at their home ground (Waramanga Oval). This is especially important as WCJ does not have the capacity to maintain a qualified first aider at home matches on a permanent basis. This policy will also provide guidance on the procedures for matches held away from Waramanga.

## **AIM OF THE POLICY**

The aim of this policy is to outline the first aid procedures within WCJ.

## **DEFINITIONS**

- Qualified First Aider. A person qualified in first aid including but not limited to doctors, nurses, and current St John's first aid qualified people
- Team management. Refers to the coach, manager or other responsible person associated with the team of the injured player or spectator

## **ACTIONS ON INJURY**

When a serious injury within the Waramanga Field complex occurs that necessitates the intervention of a qualified first aider, either team management or other available responsible persons should call for the assistance of an appropriately qualified person. If this not forthcoming, either team management or other available responsible persons should contact the ACT Ambulance Service via the Emergency Number (000).

In this event the injured person should not be moved until qualified medical assistance arrives to examine and assess the extent of the injury. Team management should stop any matches that interfere with the injured person receiving treatment. This may include the match in which the injury occurred or other matches that restrict access to such treatment ie ambulance access.

## **FIRST AID KIT**

A Sports First Aid Kit, equivalent to a St John's First Aid kit, is available at the Waramanga Field Canteen, which is staffed throughout the match times of junior teams.

This kit is located in the First Aid cabinet and the key is available from canteen staff.

Ice will also be available from the canteen.

## **FIRST AID INSTRUCTIONS**

This policy along with key numbers and first aid instructions will be displayed at the Waramanga Complex within the canteen.

The WCJ Committee First Aid representative is to check these instructions at the start of every season for currency.

## **USE OF THE FIRST AID KIT**

Any use of the First Aid kit is to be notified to the Committee First Aid representative. The Committee First Aid representative should check this kit on a regular basis and re-stock as appropriate. The Canteen Manager will also check this kit.

## **AMBULANCE ACCESS**

The only gate suitable for ambulance access is located in the driveway of the main carpark at the Waramanga Field complex. A second entrance, near the Stromlo High carpark, is not suitable because on match days it is frequently blocked by parked cars.

The gate padlock is opened by a PEA 5.3 key. The ambulance officers will bring this key. A key is also available from the canteen staff, which is located in the canteen storeroom.

The attached map shows access points.

Team management must supervise the entry of the ambulance onto the field environment

## **TEAM MANAGEMENT RESPONSIBILITIES**

Team management must ensure the following equipment is supplied at all home and away fixtures for their team:

- Ice
- A mobile phone

## **CONCLUSION**

WCJ recognises the need to provide as safe an environment for playing and spectating junior soccer as possible. The WCJ grading policy informs players, team management and other individuals of the guidelines to providing assistance in the event an injury occurs within the confines of the Waramanga Field complex.

The full support of coaches, managers and parents are of major importance in helping the Club meet these objectives.